



# *WorkingWell*: Developing a Mobile Employment Support Tool for Individuals with Psychiatric Disabilities

**Principal Investigator**

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**WorkingWell** is a smartphone application (app) based on the Individual Placement and Support (IPS) model. It is designed to help individuals with mental illness manage challenges in the workplace and sustain employment. Currently the app is being tested by participants (n=40) in a two-month Field Trial.

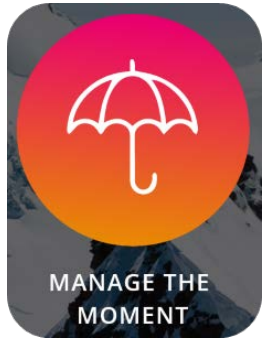
View tips and skills to help cope with work.

Record how work went.



Make to-do lists, take notes, and set text message reminders.

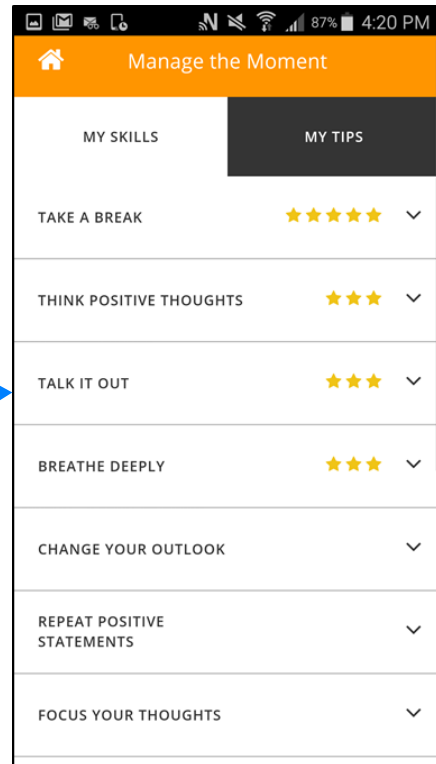
View ratings and goals from past days and weeks.



# Manage the Moment

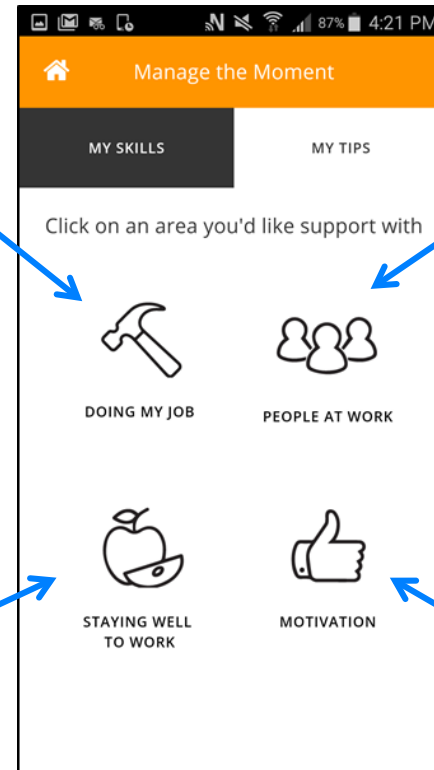
Look at lists of coping skills and tips for dealing with difficult situations and achieving goals at work.

This screen shows a list of coping skills to use in challenging situations.



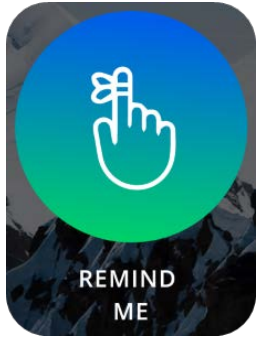
Tips on how to perform job tasks.

Tips on how to stay healthy and well to improve work performance.



Tips on how to get along with co-workers.

Tips on how to stay motivated at work.



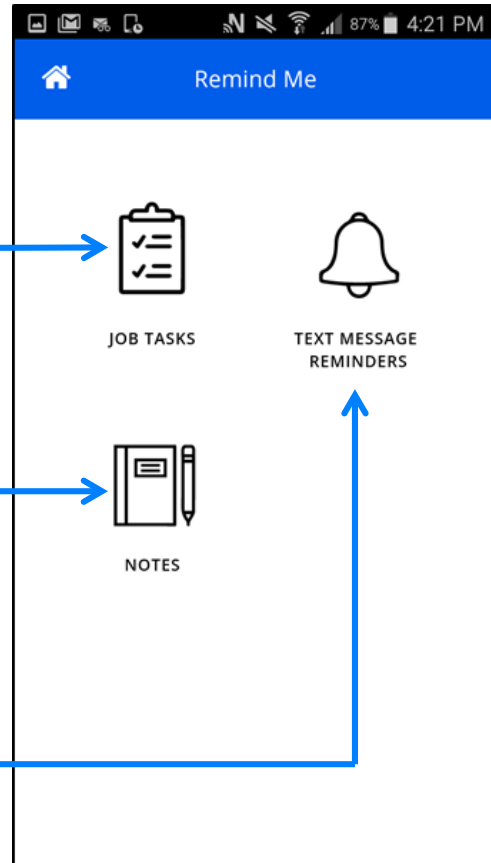
# Remind Me

Make to-do lists, take notes, and set reminders.

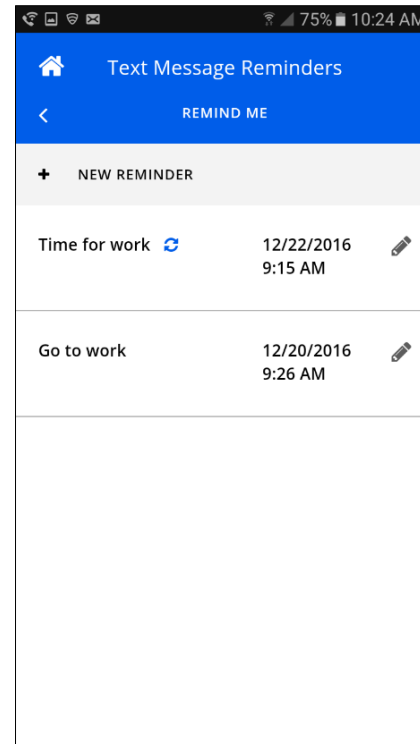
View and add items to a “to-do” list.

View and add notes about things to remember.

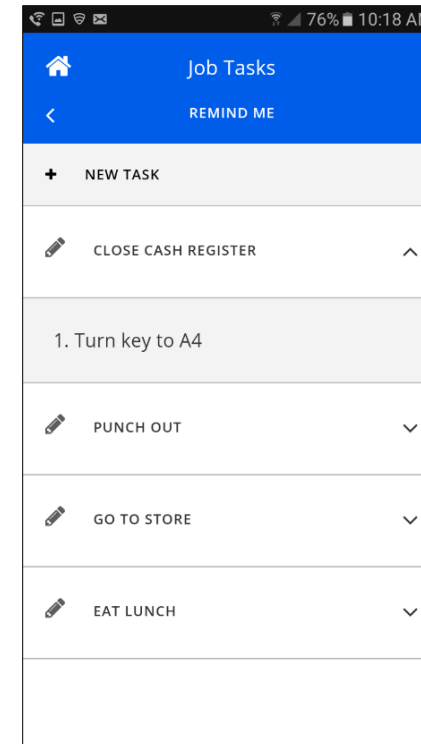
Create text message reminders.



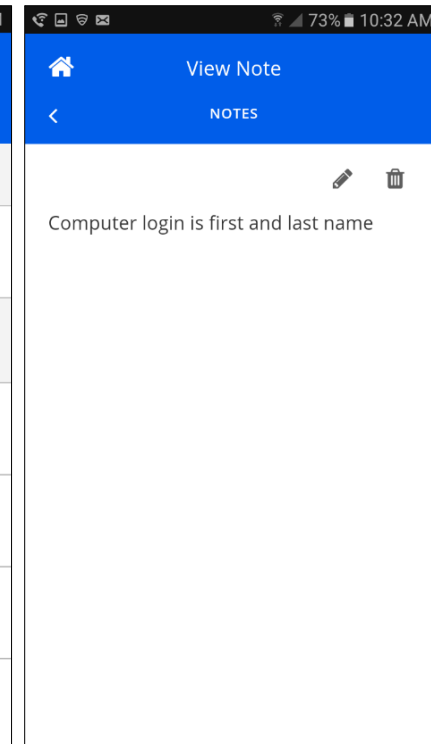
## Text Message Reminders

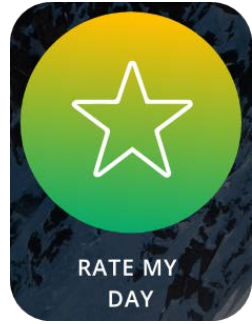


## Job Tasks



## Notes

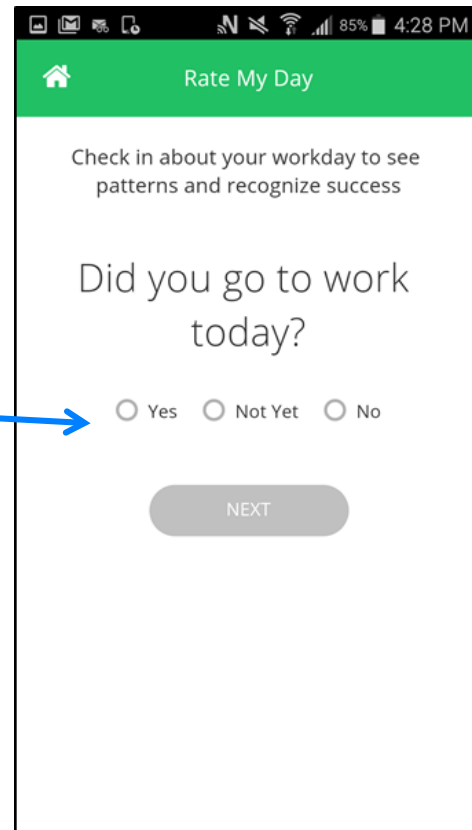




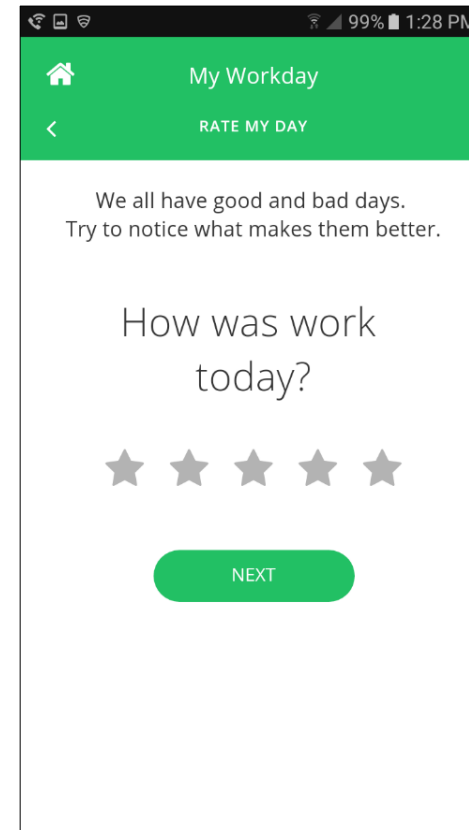
# Rate My Day

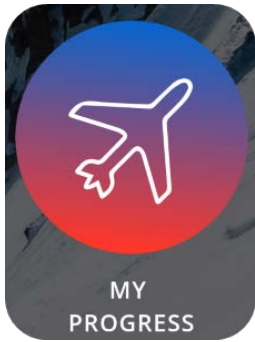
Complete a daily check-in to record how work went.

Select "Yes" to complete a check in about the workday.



Rate the overall workday, achievement of weekly goals, and usefulness of skills from the "Manage the Moment" component.





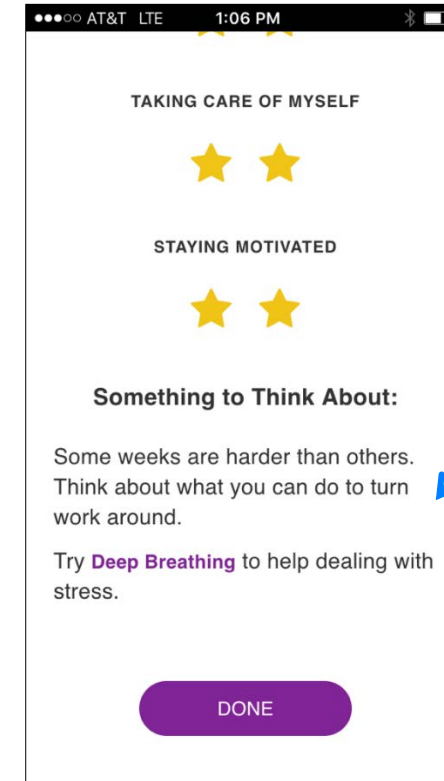
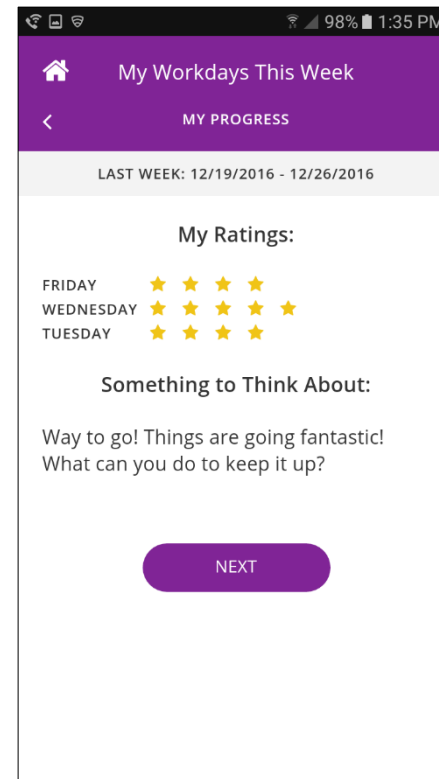
# My Progress

View weekly progress and ratings from past weeks.

View Past Weeks    View Weekly Progress

View ratings and goals for the current week.

View ratings and goals for previous weeks.



Receive suggestions of skills from “Manage the Moment” to use to help manage job challenges.